

DAM Spring Short Course Yards Swim Meet



SPONSORED BY DALLAS AQUATIC MASTERS

March 24, 2018



Warm-Up/Start – **Meet warm-up at 7:00am, Meet start at 8:00am.** This meet is a sanctioned USMS meet and results will be submitted to USMS records and Top Ten. Sanction 268-S001.

Facility: SMU Robson Lindley Aquatics Center, 5550 SMU Blvd, Dallas, TX 75206.

Eight lanes, 25-yard indoor pool, non-turbulent lane lines; fully automatic timing system with display board.

Warm-up/warm-down lanes will be available during the meet.

Parking is available adjacent to the natatorium and in the All University lot across the street.

New facility rules: only swimmers allowed on deck; all visitors and guests need to sit in the stands. Swimmers can bring a deck chair to sit in. No street shoes allowed on deck. Keep the deck area clean.

Eligibility: Open to all swimmers who are 18 years or older as of March 24, 2018, and are currently registered with United States Masters Swimming (USMS).

Entries and Fees: The entry fee is \$35.00 to enter. All entries must be completed online by Wednesday, March 21, 2018 at 11:59pm. The late entry fee is \$45 for all online entry forms received Thursday at 12:001am to 12:00pm Friday, March 23, 2018. Deck entries will be accepted and are \$50.00. A swimmer may enter a maximum of six [6] events. If you are registered outside of the North Texas LMSC, please send or bring a copy of your current USMS card for verification. **NO ONE SWIMS WITHOUT 2018 USMS REGISTRATION.** The online entry form is available at <https://www.damswim.com/pages/Competition>.

First Meet Free Promotion: Sponsored by North Texas LMSC. If you have never entered a Masters meet, you can enter the meet for FREE! To enter you must be a member of North Texas LMSC for 2018. To enter go to https://damswim.com/pages/first_meet_free_form

For questions please email Laurie Dunlap at ldunlap@damswim.com or Bobby Patten at bobbypatten@damswim.com or call 214-219-2300.

Seeding: Submit current best times, in yards. Men and women will swim separate for distances 100 yards and under. For distances 200 yards and over, men and women will swim mixed and be seeded by time only. All events will be swum from slowest to fastest, with the exception of the 400 IM, 500 Free, and 1650 Free which will be determined day of the meet. The 500 free and 1650 free may swim two to a lane depending on time and number of entries. Entries without seed times will be placed in the slowest heats. **All events will be deck seeded approx. 15 minutes before the anticipated start of each event. Positive check-in is required on the day of competition for EACH event.**

Rules: Current USMS rules will govern the conduct of this meet. THE NO FALSE START RULE WILL BE ENFORCED.

USMS Split Notification Forms: Fully completed forms must be submitted prior to the start of the meet. Forms will be available at the meet or can be downloaded https://www.usms.org/admin/lmschb/gto_rectab_split_request.pdf.

Sanctions: Sanctioned by North Texas LMSC for USMS Inc. Sanction number 268-S001.

c) The length of the competition course is not on file with USMS. Eligibility of times achieved in this meet will be contingent upon pool length measurement and approval with USMS; if bulkheads are present, their placement must also be confirmed by measurements at the meet. (USMS articles 105.1.7 and 107.2.1)

Meet Results: Final results will be available on http://www.damswim.com/pages/meet_results_archive.

Special Note: This meet is run fast! Be prepared! No refunds will be given.

SCHEDULE OF EVENTS
For Saturday, March 24, 2018
Warm-up: 7:00am Meet start: 8:00am

Men and women swim separate for distances 100 and under.
 Men and women will swim mixed (together) for distances 200 or over. The meet results will be sorted by gender and age group. The length of the break will be determined by meet director.

EVENT #	GENDER	EVENT (Y=Yards)	
1	Mixed	400 Y	IM
3	Women	50 Y	Back
4	Men	50 Y	Back
5	Women	50 Y	Fly
6	Men	50 Y	Fly
7	Women	100 Y	Breast
8	Men	100 Y	Breast
Break			
9	Women	100 Y	Back
10	Men	100 Y	Back
11	Mixed	200 Y	Fly
13	Women	100 Y	Free
14	Men	100 Y	Free
15	Mixed	200 Y	IM
16	Mixed	500 Y	Free
Break			
17	Mixed	200 Y	Back
19	Women	50 Y	Breast
20	Men	50 Y	Breast
21	Women	50 Y	Free
22	Men	50 Y	Free
23	Women	100 Y	IM
24	Men	100 Y	IM
Break			
25	Mixed	200 Y	Breast
26	Mixed	200 Y	Free
27	Women	100 Y	Fly
28	Men	100 Y	Fly
29	Mixed	1650 Y	Free